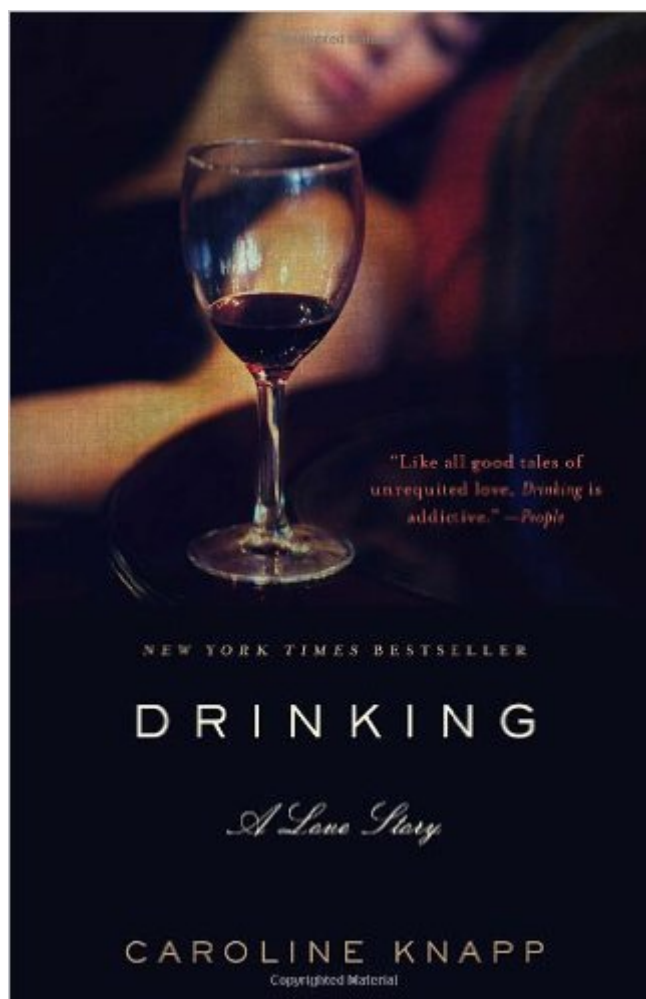


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Drinking: A Love Story



Synopsis

Fifteen million Americans a year are plagued with alcoholism. Five million of them are women. Many of them, like Caroline Knapp, started in their early teens and began to use alcohol as "liquid armor," a way to protect themselves against the difficult realities of life. In this extraordinarily candid and revealing memoir, Knapp offers important insights not only about alcoholism, but about life itself and how we learn to cope with it.

Book Information

Paperback: 304 pages

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (436 customer reviews)

Best Sellers Rank: #9,516 in Books (See Top 100 in Books) #17 in [Books > Politics & Social Sciences > Sociology > Medicine](#) #26 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism](#) #209 in [Books > Biographies & Memoirs > Specific Groups > Women](#)

Customer Reviews

As much as I loved this book, I doubt it will impress people who aren't alcoholic or dealing with an alcoholic. Had I read this book in college, I would probably have sympathized with her problems but ultimately thought she was simply flaky and needed to just stop doing the stupid things she describes - not that complicated. As it is, I read this book when I had become fully aware that my own relationship with alcohol had ceased to be simply "great when it's around - like a good meal" and begun to be compulsive. The absence of a drink became an 800 pound elephant in the room, and I noticed that at some point I had stopped enjoying being sober. For me, that was when I realized I had crossed a line and that drinking was no longer cute or funny. Somewhere along the way, it had managed to insinuate itself as the center of my life, even though I never would have admitted it out loud. My first thought when invited to a social event was whether alcohol would be served. My first thought when going out to a meal in the evening was whether they had a liquor license. I had mentally divided my friends into drinkers and non-drinkers, and I had managed to do so without believing there was anything weird about this. That is the subtle tug of alcoholism that Ms.

Knapp exposes. To everyone around the alcoholic, it is obvious that there is a problem. To the alcoholic, he simply wants to suck the marrow out of life, and can't understand why people aren't with him. Yet, if pressed, most alcoholics will admit that their life stopped being happy right around the time they started drinking regularly (it is a depressant, after all. This shouldn't be surprising). They will have what Ms.

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